

Referral Process

Complete the External Referral form on the Website. Once we have enough people referred, we will schedule you for a short screening to provide background information and determine if the group would be a good fit. If you are a good fit, you will be required to complete new client paperwork, and be scheduled for a session to complete an intake and a treatment plan.

Insurance & Payment

Most major insurance plans accepted, including Medical Assistance and Medicare. Major credit cards accepted. Please contact us or your insurer to confirm coverage.

**Current Pauquette Clients, speak to their Pauquette Provider. **

Locations & Contact Information

Appointments & Information



info@pauquette.com



(608) 524-5151



(608) 268-9780



www.pauquette.com

Office Locations

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*Psychological Services
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*Compassionate, evidence-based
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*Helping Individuals, families, and
communities across Wisconsin*

Chronic Pain Group

*Call to get started
www.pauquette.com*

A Service of Community Service Associates, S.C.

Meet Your Facilitator



Cynthia Jurishica
MSSW, LCSW

Chronic Pain Group

Evidence suggests that a client's future adjustment to pain is best predicted by their cognitive experience of it.

Pauquette Center offers a specialized Pain Reprocessing Therapy group to help clients with chronic pain learn effective management strategies. Integrating innovative techniques from Cognitive-Behavioral Therapy (CBT), parts work, and evidence-based pain neuroscience, this approach helps rewire the brain's response to pain signals.



Meetings

- **Format:** Via Telehealth
- **Schedule:** Day and time to be determined based on referrals

Materials: Participants will be expected to purchase a required book prior to the start of the group (no electronic workbook will be provided)

Expectations

- **Attend consistently and participate in group discussion.**
- **Be able to join via telehealth in a private, confidential setting.**
- **Complete readings and exercises outside of class each week.**
- **Practice using skills and exercises outside of class each week.**
- **Follow group rules.**

