



As a parent/caregiver, do you sometimes feel...

- Overwhelmed with your child's behaviors?
- That your child is more emotionally sensitive than their peers?
- That your own emotions are dependent on your child's emotions or behaviors?
- That you could use support in navigating the above?

"Parenting in the Middle Path" will explore DBT-related concepts & skills, and how to apply them to parenting!



For more information or to get
scheduled for a screening,
please call: 262-473-0670



**Tuesdays beginning January
6th, 2026**

REGISTRATION AND MORE INFORMATION

www.pauquette.com

Virtual
1:00-2:00 p.m.
10 weeks
Ending March 10th, 2026