

Dialectical Behavior Therapy for Children (DBT-C)

For children ages 5-12 & their parents/caregivers

Comprehensive program includes:

- Skills training:
 - Focused on teaching the four main skills categories of DBT (modified to the unique developmental needs of younger children)
- Caregiver Training Group
 - Focused on teaching relevant concepts and how to implement them in parenting
- Individual Therapy
 - Focused on assisting caregivers and children in practice/application of material
- Phone Coaching
 - Focused on assisting with crises/intense emotional situations in real-time
- Caregiver Training (ongoing, post-group)

FOR MORE INFORMATION GO TO:
www.pauquette.com



For more information or to get scheduled for a screening, please call: 262-473-0670

