

# Referral Process

Complete the External Referral form on the Website. Once we have enough people referred, we will schedule you for a short screening to provide background information and determine if the group would be a good fit. If you are a good fit, you will be required to complete new client paperwork, and be scheduled for a session to complete an intake and a treatment plan.

**\*Current Pauquette Clients, speak to their Pauquette Provider. \***

# Contact Us



PO Box 301  
2901 Hunters Trl  
Portage, WI 53901



[info@pauquette.com](mailto:info@pauquette.com)



(608) 742-5518



(608) 268-9780



[www.pauquette.com](http://www.pauquette.com) Follow Us On Facebook



# PAUQUETTE CENTER

*Psychological Services  
Family Counseling*



# CHRONIC PAIN GROUP

A Service of Community Service Associates, SC

## Meet Your Facilitator



Cynthia Jurishica  
MSW, LCSW

## Chronic Pain Group

Evidence suggests that a client's future adjustment to pain is best predicted by their cognitive experience of it.

Pauquette Center offers a Cognitive-Behavioral Group Therapy to help clients with chronic pain learn management strategies.



## Meetings

Via Telehealth, Wednesday evenings, for 1 hour. Start date and time are to be determined based on referrals. In some cases, insurance can be billed for services.

## Expectations

- Attend consistently and participate in group discussion.
- Be able to join via telehealth in a private, confidential setting.
- Complete readings and exercises outside of class each week.
- Practice using skills and exercises outside of class each week.
- Follow group rules.